



# Carson Valley Medical Center

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## **NEW PATIENT INFORMATION**

This new patient information packet is for new patients at the following  
Carson Valley Medical Center clinics:

### **CVMC Senior Care**

1516 Virginia Ranch Road Gardnerville, NV 89410  
775.783.4823 (phone) – 775.783.4806 (fax)

### **Ironwood Primary Care**

897 Ironwood Drive  
775.782.1610 (phone) – 775.783.0627 (fax)

### **Job's Peak Internal Medicine & Family Practice**

1520 Virginia Ranch Road Gardnerville, NV 89410  
775.782.1550 (phone) - 775.782.1579 (fax)

### **Minden Family Medicine**

1649 Lucerne Street Minden, NV 89423  
775.782.1603 (phone) – 775.782.3417 (fax)

### **Topaz Ranch Medical Clinic**

3919 Carter Drive Wellington, NV 89444  
775.783.3096 (phone) – 775.266.4074 (fax)

**Please fill out these forms and mail, drop-off or fax them back to the office where your appointment is scheduled, no later than three business days prior to your first appointment.**

**PATIENT DEMOGRAPHICS**

Name: \_\_\_\_\_ PCP: \_\_\_\_\_  
Address: \_\_\_\_\_ Language: \_\_\_\_\_  
\_\_\_\_\_ Email: \_\_\_\_\_  
Phone: \_\_\_\_\_ SSN: \_\_\_\_\_  
Sex: \_\_\_\_\_ DOB: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**GUARANTOR INFORMATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Employer: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Employment Status: \_\_\_\_\_

**PRIMARY INSURANCE**

Subscriber: \_\_\_\_\_ Subscriber Number: \_\_\_\_\_  
Payor Name: \_\_\_\_\_ Payor Address: \_\_\_\_\_  
\_\_\_\_\_ Members: \_\_\_\_\_  
Plan: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_  
SSN: \_\_\_\_\_ Employment Status: \_\_\_\_\_  
Employer: \_\_\_\_\_

**SECONDARY INSURANCE**

Subscriber: \_\_\_\_\_ Subscriber Number: \_\_\_\_\_  
Payor Name: \_\_\_\_\_ Payor Address: \_\_\_\_\_  
\_\_\_\_\_ Members: \_\_\_\_\_  
Plan: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_  
SSN: \_\_\_\_\_ Employment Status: \_\_\_\_\_  
Employer: \_\_\_\_\_

**OFFICE POLICY:** I understand and agree to the following rules set forth by Carson Valley Medical Center;  
1) Payment is required at the time of service. If I cannot pay my co-payment at time of service, my appointment may be rescheduled.  
2) If I am more than 5 minutes late for an appointment, my appointment may be rescheduled.

**FINANCIAL AGREEMENT AND AUTHORIZATION FOR TREATMENT:**  
I authorize treatment of the patient named above and agree to pay all fees and charges for such treatment. In the event that legal action should become necessary to collect an unpaid balance due for medical services rendered to me or my family, I agree to pay reasonable attorney's fees and such other costs as the court determines is proper. I authorize Carson Valley Medical Center to verify credit with the CVMC contracted credit agency, my employment history, credit history and any other information deemed necessary in conjunction with my account(s). I hereby assign all proceeds of insurance to this office (a copy of this assignment is as valid as the original). I authorize the release of all medical information necessary to process any claims on my behalf. I also request payment of medical and/or government benefits to this office.

Patient's signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of responsible party \_\_\_\_\_ Date \_\_\_\_\_

# Medical Questionnaire

<b>Name: Last</b>	<b>First</b>	
<b>DOB (mm/dd/yyyy):</b>	<b>Primary Phone:</b>	
<b>Mailing Address:</b>		
<b>Emergency Contact:</b>	<b>Contact Phone:</b>	

## SOCIAL HISTORY

**Marital Status:** (Check One)    Single    Married    Separated    Divorced    Widowed    Other

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <b>Yes</b>               | <b>No</b>                |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you living with your spouse or partner?                               |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have dependents at home? (If yes, how many?) # of Dependents _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | Is your sex life satisfactory?  |

### **Employment**

- Full Time      Where: \_\_\_\_\_
- Part Time      Where: \_\_\_\_\_
- Unemployed    How Long: \_\_\_\_\_
- Are you exposed to fumes, dusts or solvents? \_\_\_\_\_

### **Education**

- (Check your highest level of education with years completed)
- Grade School      \_\_\_ Years
- High School      \_\_\_ Years
- College/Technical School    \_\_\_ Years
- Postgraduate      \_\_\_ Years

### **Alcohol Use:**

- Never    Current    Former
- If current or former, please answer the following:
- What type(s) of alcohol do you drink?    Beer    Wine    Liquor
- How often:    Rarely    Moderately    Daily
- How much:    0    1-2    3-5    6-9    10+
- Illicit Drug Use:**    Yes    No   Type \_\_\_\_\_

### **Tobacco Use:**

- Never    Current    Former    Quit \_\_\_\_\_ Years
- If current or former, please answer the following:
- Cigarettes per day:    0    1-2    3-5    6-9    10+
- Chewing tobacco cans per week    < 1    1    2

## MEDICAL HISTORY

**History of Past Illnesses:** Have you ever had any of the following?

- |                          |                          |                          |                          |                          |                 |                          |                          |                         |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-----------------|--------------------------|--------------------------|-------------------------|
| <b>Yes</b>               | <b>No</b>                |                          | <b>Yes</b>               | <b>No</b>                |                 | <b>Yes</b>               | <b>No</b>                |                         |
| <input type="checkbox"/> | <input type="checkbox"/> | Chickenpox               | <input type="checkbox"/> | <input type="checkbox"/> | Measles         | <input type="checkbox"/> | <input type="checkbox"/> | Tuberculosis            |
| <input type="checkbox"/> | <input type="checkbox"/> | Congenital Abnormalities | <input type="checkbox"/> | <input type="checkbox"/> | Mumps           | <input type="checkbox"/> | <input type="checkbox"/> | Venereal Disease        |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                 | <input type="checkbox"/> | <input type="checkbox"/> | Rheumatic Fever | <input type="checkbox"/> | <input type="checkbox"/> | Other. (Fill out below) |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Disease            | <input type="checkbox"/> | <input type="checkbox"/> | Strokes         | What: _____              |                          |                         |

Have you ever been hospitalized or been under medical care for a prolonged condition? (If yes, what): \_\_\_\_\_

### **Operations & Injuries**

- |                          |                          |  |
|--------------------------|--------------------------|--|
| <b>Yes</b>               | <b>No</b>                |  |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you had any surgery? (If Yes, What and When)                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you had any broken bones? (If Yes, What and When)                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you had any head concussions or head injuries? (If Yes, Why and When) |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you ever been knocked unconscious? (If Yes, When)                     |

### **Record the Year you last had these done:**

- |                    |                       |                     |
|--------------------|-----------------------|---------------------|
| Chest X-Ray: _____ | Mammogram: _____      | Rectal Exam: _____  |
| Colonoscopy: _____ | Pap Smear: _____      | Tetanus Shot: _____ |
| Dexa Scan: _____   | Pneumonia Shot: _____ | TB Skin Test: _____ |
| EKG: _____         | Prostate Exam: _____  |                     |
| Flu Shot: _____    | Shingles Shot: _____  |                     |

## FAMILY HISTORY

**Has any blood relative had any of the following?**

- |                          |                          |                          |                     |
|--------------------------|--------------------------|--------------------------|---------------------|
| <b>Yes</b>               | <b>No</b>                |                          | <u>Relation</u>     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Arthritis           |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Bleeding Tendency   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Cancer              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Convulsions         |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Diabetes            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Gout                |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Heart Trouble       |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Stroke              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Suicide             |

Current Health Status of immediate family members:				
Relation:	If Living,		If Deceased,	
	Age	Health	Age	Cause
<b>Father:</b>				
<b>Mother:</b>				
<b>Sister:</b>				
<b>Brother:</b>				
<b>Spouse:</b>				
<b>Child:</b>				

**LIST OF CURRENT MEDICATIONS:**

Please list ALL the medications INCLUDE: name, dosage, and frequency, vitamins, and over the counter medications.

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Pharmacy:**

**SYSTEMIC REVIEW** Do you have any of the following? (Please check all those that apply.) Please notate current or past issues.

**Allergies**

- Food allergies
- Hives, eczema, or rash
- Medication allergies \_\_\_\_\_
- Seasonal allergies

**Cardiovascular**

- Chest pain and/or discomfort
- Difficulty walking
- Fainting
- Fatigue
- Heart attacks
- Heart murmur
- Heart trouble
- High blood pressure
- Insomnia
- Lightheadedness
- Racing/ skipping heartbeats
- Restless sleep
- Shortness of breath
- Swelling of extremities

**Ears, Nose and Throat**

- Chronic sinus trouble
- Difficulty swallowing
- Ear ache
- Ear disease
- Enlarged glands
- Hoarseness
- Impaired hearing
- Itching nose
- Neck stiffness
- Nose bleeds
- Ringing in the ears
- Sneezing or runny nose
- Sore throat
- Unconsciousness
- Endocrine
- Brittle hair
- Cold intolerance
- Excessive thirst or hunger
- Excessive urination
- Heat intolerance
- Hormone therapy
- Known thyroid disorder
- Weight change

**Eyes**

- Blurring
- Double vision
- Eye disease or injury
- Glaucoma
- Headaches
- Irritation or itching
- Light sensitivity
- Vision loss

**Gastrointestinal**

- Abnormal pain
- Black or bloody stool
- Bleeding with bowel movements
- Bloating

- Constipation
- Cramping
- Diarrhea
- Dysphasia (trouble swallowing)
- Gallbladder disease
- Gas
- Heartburn or indigestion
- Hemorrhoids
- Hepatitis
- Jaundice
- Liver disease
- Nausea
- Peptic ulcer
- Vomiting blood or food

**General**

- Chills
- Fatigued/tired
- Feeling sick
- Fevers
- Sweats
- Weight change (gain or loss)

**Genitourinary**

- Abnormal discharge or odor
- Blood in urine
- Burning or painful urination
- Frequent urination
- Inability to empty bladder
- Kidney pain/ stones
- Lack of sexual drive
- Loss of urine
- Nighttime urination
- Pelvic Pain
- Urinary incontinence/ lack of control
- Urinary straining

**Hematologic**

- Abnormal bruising
- Bleeding
- Anemia
- Enlarged lymph nodes
- Fevers
- Known blood disease
- Skin discoloration

**Musculoskeletal**

- Arthritis
- Back pain
- Difficulty walking
- Gout
- Joint or muscle pain
- Joint swelling or stiffness
- Varicose veins
- Weakness of muscles or joints

**Neurologic**

- Difficulty with concentration
- Difficulty with coordination
- Dizziness
- Excessive daytime sleeping
- Fainting
- Falling down

- Headaches
- Inability to speak
- Memory loss
- Paralysis
- Seizures
- Tingling/numbness
- Visual disturbances

**Psychiatric**

- Anxiety
- Depression
- Eating disorder
- Frightening visions or sounds
- Insomnia
- Sense of great danger
- Suicide ideation

**Respiratory**

- Asthma or wheezing
- Chest discomfort
- Chronic frequent cough
- Difficulty breathing
- Fainting spells (past or present)
- Pleurisy and/or pneumonia
- Shortness of breath
- Sleep apnea
- Sleep disturbance
- Snoring
- Spitting up/ coughing blood
- URI (cold)

**Skin**

- Abnormal pigmentation
- Dryness or itching
- Excess sweating
- Frequent infection or boils
- Hives, eczema, or rash
- Jaundice
- Lesions
- Poor or abnormal healing
- Skin disease

**(Men Only)**

- Burning/discharge form penis
- Difficulty with erection/ ejaculation
- Frequent night urination
- PSA (Date: \_\_\_\_\_ )
- Testicle pain/swelling
- Vasectomy

**Gynecological (Women Only)**

- Irregular periods
- Missed period
- Pain during intercourse
- Painful Periods
- Age period started (age: \_\_\_\_)
- How long do periods last? (# of days \_\_\_\_)
- Number of pregnancies (# \_\_\_\_)
- Number of miscarriages (# \_\_\_\_)
- First day of last period (Date: \_\_\_\_\_ )

**HEIGHT:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_

# CVMC Medical Office Policies

## A Note About Your Insurance Policy

It is your responsibility to know your insurance. You should know your policies contracted providers, need for prior authorization for procedures, specific facility for lab work & x-ray, copayment amount and your yearly deductible.

Please help us help you. There are hundreds of insurance companies and it is impossible for our staff to know the specific requirements of each.

## A Note About Prescriptions

Please notice the request to give us 48 to 72 hours to refill prescriptions. Requests for refills are to be called in to your pharmacy even if your prescription has no refills left. The pharmacy will have all of the information needed to make sure you get the proper medication. We will make every effort to meet your needs in a timely manner.

## A Note About Authorizations and Referrals

If your doctor has referred you to a Specialist:

- Please allow our office up to 5 working days to obtain authorization from your insurance for routine procedures.
- Please allow the specialists office 3-7 working days to call you to schedule your appointment. If you have not heard from them by this time please contact them directly.
- X-rays and Labs generally do not need an appointment and generally require no authorization from your insurance. However; Ultrasounds, MRI's and any Nuclear Tests will require authorization and we will be contacting you.

## A Note About Leaving Messages

If you authorize us to leave detailed messages with a friend or family member or on an answering machine please indicate below.

Please circle ALL that apply:

Is it OK to have message left on answering machine? YES / NO

Is it OK to leave message with spouse or family member? YES / NO

If you would like us to leave messages with a friend or family member please add their name below.

Name	Phone Number	Relationship

I have read & understood the above information regarding *My Insurance Policy, Prescription Refills, Authorization and Referrals and Messages*

**Patient Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_ **Sex:** M / F

**Birthdate:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **SSN#** \_\_\_\_\_



I hereby acknowledge that I have received the Carson Valley Medical Center Notice of Privacy Practices.

_____	_____
<i>Signature of Patient or *Legal Representative</i>	<i>* Relationship to Patient</i>
_____	_____
<i>Print Name</i>	<i>Date</i>

FOR CVMC USE ONLY	
Reason acknowledgement was not obtained:	
_____	
_____	
CVMC employee completing this form:	
_____	_____
<i>Please Print Name</i>	<i>Date</i>



## How did you hear about Carson Valley Medical Center?

Existing Patient

Search Engine (Google, Bing, etc.)

Social Media (Instagram, Facebook, Twitter, LinkedIn)

Commercial Ad (YouTube, Movie Theater)

Email Newsletter

Radio (Radio station, Pandora, etc.)

Streaming TV App (Sling, Roku, etc.)

Online Sponsored Ad

Print Ad (Newspaper, Magazine, Mail)

Outdoor Ad (Billboard, DART Bus, etc.)

Word of mouth / Referral

Community Event

Other